

SOWKYAM (chosen for monitoring)
 4, Janani Complex, 139, Avinashi Road
 Opp S.A.P. Theatre,
 Tiruppur- 641603
 INDIA
<http://www.sowkyamfoundation.org/>

Every hour: 9000
 unwanted pregnancies
 cause 1/3 of the global
 population growth...
www.dsw-online.de

DECLARATION for actively caring decision-makers/ entrepreneurs:

**“FAMILY PLANNING AND STDs/AIDS-PREVENTION SHALL BE
 INTEGRATED IN OUR PROGRAMS!”**
**Family Planning is one of the essential elements allowing a program to be on the path towards
 Sustainable Development**

Introduction:

Due to AIDS, most of the people from “developed” countries do have a *dignified and easy access* to condoms - one of the family planning methods (e.g. in vending machines: 24 hours *dignified and easy access*). But the wish, to **prevent** sexually transmitted diseases (STDs) and unwanted pregnancies has a **global dimension**: At least 16’000 women, men and **children** are infected with HIV every day. Today more than 350’000’000 couples do not have any access to family planning (FP). This discrimination creates unacceptable “**AccIDents**” followed by unnecessary harm.

Decision-Makers (with economical, spiritual, political, social, environmental or other responsibilities) declare with their signatures, that they care more about their employees / members and their families than about taboos:

1. “**Sexual and Reproductive Health Services (SRHS)** are Human Rights and must therefore be available to those who are sexually active. Knowledge about safer sex and contraception must be given **before** young people are sexually active. SRHS shall be integrated into all our projects: Even if health workers are not available, **at least A)** condoms (dignified, attractive access) and **B)** information about STDs/AIDS, FP must be organized.”
2. “Independent monitoring is welcomed. Unannounced inspection visits can be performed by the NGOs **S O W K Y A M** and
3. “If unwanted pregnancies or STDs (e.g. AIDS) arise in one of our declared projects, **without** SRHS (as described under point 1.) then we decision-makers are jointly responsible for this unnecessary harm.”

name, first name of representative	organization, www...	address;	tel., fax, e-mail
RUEFENACHT Daniel	Switcher SA www.switcher.ch (Prem Group)	Petit-Flon 29 1052 Le Mont/ Lausanne Switzerland	++41 21 641 41 41 ++41 21 641 41 08 daniel.r@switcher.ch
place, date	projects (places)	sign all the points acceptable for you:	
Lausanne, February 7, 2001 (first realization due to this declaration) 365 days after this date, the signed points are put into action.	Prem Group Tirupur, TN India	Point 1. Daniel Ruefenacht Point 2. Daniel Ruefenacht Point 3. /	please do not hesitate to follow the ‘Switcher’-example...: replace the red and blue writing with your own data. thank you!

Thank you for caring.

Persons and institutions who support this declaration: dr. hans herren, icipe, kenya; h.h. dalai lama, india; prof. ruedi lüthy, switzerland/zimbabwe; msgr. jacques gaillot, partenya/ france; dr. kurt madoerin, terre des homes, switzerland; mr. emil steinberger, switzerland; dr. vandana shiva, india; mr. andreas vollenweider, switzerland; dr. peter bachmann, switzerland; dr. david werner, usa; dr. claude martin, wwf international; dr. remo gysin, mp in switzerland; mr. richard gerster, switzerland; dr. al imfeld, switzerland; mrs. liliane maury pasquier, president of swiss parliament 2002; dr. pushpa bhatt aids info docu, nepal; dr. toni hagen, switzerland/ nepal; prof. felix gutzwiler mp in switzerland; central board of swiss catholic women’s federation (skf); dr. phil. hans saner, switzerland; dr.franz alt, www.sonnenseite.com, germany; dr. hermann scheer, mp in germany and president of eurosolar; dr. eugen drewermann, germany; prof. erhard berner, den hag, netherlands; dr. evelin g. lindner, www.humiliationstudies.org; dr. christine von weizsäcker, germany; mrs. paola ghiliani, switzerland; mr. bernard imhasly, journalist and writer, india; dr. achim dobermann www.irri.org, philippines; prof. klaus leisinger, switzerland; prof. hans humi, switzerland; rene baehr, executive director dsw; prof. ernst ulrich von weizsäcker, germany; sabine lichtenfels, tamera, portugal; p.v. rajagopal, ekta parishad, India; ...

SUGGESTIONS, HOW THE DECLARATION CAN BE PUT INTO ACTION...

... IN A SUSTAINABLE AND LOW COST WAY

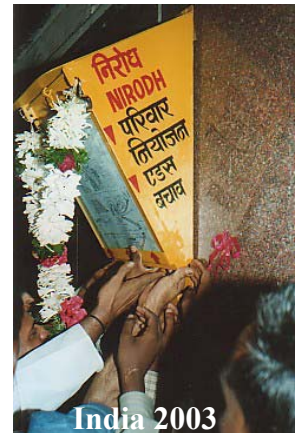
Part of **our** success is, when children make **balloons** out of condoms instead to play with arms. Let us say "yes" to condom-**'black-markets'** if it allows people to **choose**.

1. CONDOM-BOX



Nepal 2001

This condom distributor (Condom-Box) is a steel box that allows the people around it, to have free condom supply. If the box is installed in a place, where one can manage to be alone for a short time, then one has a **dignified access** to condoms- because then one can take condoms without being observed by others. The Condom-Box must have a board, which gives the most important information about STD's / AIDS, Reproductive Health. Maybe it is also good to explain, why the box got installed (e.g. in the toilet, in the corridor, at the entrance etc.) and why it got **not** installed in the past...The Condom-Box should be installed at a protected place (from sunshine, heat, rain) and should be fixed into the wall with strong screws/grips in order to reduce damage or disappearance of the entire installation. The box should be hanged on a height, difficult to reach for small children. Condoms must be easy available- equally to men and women (discrimination). The Condom-Box should never be empty! It should be nicely maintained (cleanliness, function), as it is part of a health program. As no money is needed to get condoms, vandalism is minimal.



India 2003

2. CONDOM-BAG



This Condom distributor (Condom-Bag) is a cotton bag, which can be installed at places, where there is no big risk of damage/ vandalism. It has the same function as the Condom-Box. The Condom-Bag can be installed in **toilets**, in **buses**, trains etc. If the bag is damaged or dirty, it should be replaced by a washed, nice-looking one. Next to the bag there should be also explanations about reproductive health. The bag could also be part of an information board e.g. in the waiting section of a *hospital* or *refugee camp*. So the people know the function of the bag and will recognize it and its function when visiting e.g. the toilet. The Condom-Bag also should never be empty.



China 2004

3. BOOK-STAND 'WHERE THERE IS NO DOCTOR'



This stand can be installed either on a table (e.g. in the *canteen* or *cafeteria*) or an other model can be attached on a wall in the waiting section of a *health post* or in any other caring institution (*school, university, temple, station [Bus/ Rly], company* etc.). The **book 'Where There Is No Doctor'** (David Werner: existing in many languages → http://www.hesperian.org/publications_translation.php) is a dignified way, to give information about **different** health issues -also prevention- to the reader. I observed people reading the book: Alone, people often study sexuality- if someone joins, then one can easily switch to an other section e.g. diarrhea (→**dignified** access to 'taboo'- information). This low cost access is highly valuable to all who want to benefit from this *Human Right- Service*.



Installations (2001 - 2006):

- The Director General (**Indian Railway Health Services**) signed point 1, 2 and 3. **New Delhi** and **Old Delhi** Stations as well as **Mumbai** (Central and Churchgate), **Patna**, **Tirupur**, **Jagadhri**, are fulfilling the requirements of the Declaration since 2003. Further stations will get SRHS soon: See: http://cities.expressindia.com/archivefullstory.php?newsid=62740&creation_date=2003-09-10
- **Novartis India Ltd.** is presently working on the implementation of these services in the Sandoz House and in a production unit in **Mumbai** area.
- The UN Building in **Delhi** started to install Condom Bags in their toilets. UNAIDS received 2 Condom-Boxes.
- **Switcher** (www.switcher.ch) and **Migros** (**biggest supermarket in Switzerland**) are integrating Condom-Boxes in their garment production units around **Tirupur/ India**, benefiting together ca. **21'000 people**. In most of the canteens/ waiting sections and schools, Book-Stands 'Where There Is No Doctor' in Tamil language are benefiting staff and their families. **2005: 7 companies, producing garments for Migros and Switcher integrated the installations as prescribed above. 2 Hospitals, 2 Bus Stands and the Railway Station of Tirupur (T.N.) are also benefiting from the non-competitive efforts of the social compliance officers (SCO) of these companies.** The NGO Sowkyam is monitoring the public installations. See also <http://www.hindu.com/2005/12/02/stories/2005120204610200.htm>
- **2004/ 2006:** Several **Switcher** – partners have implemented the program in **China** (**Guangdong, Jiangxi, Jiangsu** Provinces) benefiting ca. 10'000 workers and their families but also people who have indirect relations with the companies (e.g. truck drivers).
- The **Balaju Technical Training Centre** in **Kathmandu** signed point 1 and 2 of the declaration. They have a Condom-Box near the entrance to the men and women's toilets. In their canteen, the Werner book is fixed on a stand in the middle of a table. The Book-Stand is mounted on the wall near the auditorium.
- **Patan Hospital** (Nepal) has installed a Condom-Box (next to the gate) and Condom-Bags (in some women and men's toilets). An information board including Book-Stand is installed in one of the waiting sections.
- In **Shechen (Monastery) Clinic** in **Boudha** (Nepal) Condom-Bags (Toilets) and a Book-Stand (waiting section) are installed: http://www.shechen.org/sub_medicalclinics.html

Happy to receive any remarks/ suggestions/ supports in order to improve our work. Questions? → **Alec Gagneux** : www.FairCH.ch / ++41-56 442 32 54



"Breaking the ice" - competition: Who has the deepest breath???

Commuters get a lubricated freebie

Express News Service

Mumbai, September 9: SHE is your regular working class woman, married for seven years without a hitch or the proverbial itch.

On Tuesday evening, as she hurried to catch her 5.17 Kalyan fast local from Chhatrapati Shivaji Terminus, an attractive, garlanded box caught her eye in the ladies' toilet: A free condom-vending machine.

A similar 'Free Nirodh' box was also inaugurated near the Men's Room at the station by none other than Central Railway General Manager S P S Jain.

Will she, or won't she... use this free facility in the ladies' loo? "What is this box doing in the ladies section!" she exclaims and quickly says it's her husband who does the "latex shopping".

But Jain is confident that this new anti-AIDS drive will go down well with commuters. "Indians are basically shy about buying condoms from chemists. Haven't you seen the latest Hindi film Khwahish in which even the hero is embarrassed to buy a pack of condoms?" remarked Jain, immediately after the inauguration of the boxes and a health book for public awareness.

At the impromptu media meet outside the railway toilets, he said: "A box has been placed in the ladies room too, as women must also protect themselves."

Swiss social worker Alec Gagneux, the brain behind the free service, describes it as a "dignified supply of Nirodh". "We have also placed condom boxes at New Delhi station and have noticed that women also avail of them. In fact, the free condoms are also meant for underprivileged men, women and the homeless who cannot afford to buy branded condoms," said Gagneux.

Soon, 67 Central Railway stations and 22 Western Railway stations will host the boxes.

A while after the cameras left, some men and women were tinkering around with the boxes, for the lubricated freebie.

2005: <http://www.hindu.com/2005/12/02/stories/2005120204610200.htm>

Switcher India: <http://www.premgroups.com/prem/prefaceframe.htm>